

ASSEMBLI

BUILD YOUR OWN

SALAD

\$14 ONE PRICE **48^{oz}**

PIZZA

\$14 ONE PRICE **11^{INCH}**

ANY TOPPINGS. ONE PRICE.

LEAF

Organic mixed greens, romaine, spinach, kale, brown rice, quinoa

CRUST

Original crust, gluten-free crust (+\$3.00)

SAUCE

house tomato, spicy tomato, backyard bbq, curry tomato, bianca

CHEESE

mozzarella, cheddar, goat feta, fior di latte (+\$2.50), blue cheese, smoked cheddar, parmesan, vegan cheese

PROTEIN

herb-roasted chicken, cajun chicken, pepperoni, genoa salami, ham, spicy chorizo, bacon, shrimp, herb-roasted tofu, vegan crumble, seasoned ground beef, anchovies, hard-boiled egg

TOPPINGS

chili pineapple, pineapple, roasted veggies, roasted root veggies, raw mushrooms, roasted mushrooms, roasted red peppers, mixed bell peppers, green peppers, banana peppers, artichokes, raw red onion, roasted red onion, roasted cauliflower, kalamata olives, roasted garlic, roasted corn salsa, pico de gallo, black beans, tomatoes, roasted broccoli

SALAD EXTRAS

blueberries, cabbage, apple, celery, carrot, beets, avocado salsa, cucumber, sesame seeds, seed mix, walnuts, home-style croutons

SALAD DRESSINGS

creamy chive, caesar, balsamic vinaigrette, southwest, oregano vinaigrette, goddess, glory, honey dijon vinaigrette, ginger sesame, olive oil and lemon juice

FINISHERS

bbq drizzle, yogurt lime drizzle, balsamic drizzle, kosher salt, olive oil, basil, cilantro, parsley, olive oil tossed kale, arugula, green onions

ASSEMBLI

PIZZAS

ONE PRICE \$14

SIZE 11^{INCH}

SMOKE & FIRE

Pepperoni, smoked cheddar, mozza, banana peppers, red onion, spicy tomato sauce

CARNE-DIAN

Seasoned ground beef, pepperoni, bacon, mozza, roasted mushrooms, onion, spicy tomato sauce

BACKYARD BBQ

Roast chicken, mozza, cheddar, onion, peppers, cilantro, bbq sauce, yogurt & bbq drizzle, corn salsa

SMOOTH CRIMINI KALE

Roast mushrooms, mozza, artichoke, red onion, kale, white sauce

ROOT CAUSE

Roasted root veggies, mozza, roasted garlic & red onion, spicy tomato sauce

HAWAII 5-0

Ham, mozza, chili pineapple, spicy tomato sauce

ALL GREEK TO ME

Mozza, feta, roasted red peppers, olives, kale, artichoke, tomato sauce, balsamic drizzle

MOUNTIE'S MARGHERITA

Tomato sauce, fior de latte, basil, kosher salt

CAULI CURRY SPIN

Roast cauliflower, mozza, spinach, green onion, cilantro, curry tomato sauce, yogurt drizzle

6 INCH CLASSICS \$7

PEPPERONI

CHEESE

HAWAIIAN

SALADS

ONE PRICE \$14

SIZE 48^{OZ}

O-MEGA BRAINIAC

Greens, quinoa, cucumber, cabbage, blueberries, beets, avocado, walnuts, seed mix, glory dressing

MEDITERRANEAN FARMER

Greens, cucumber, peppers, onion, tomato, olives, goat feta, parsley, oregano vinaigrette

THE BIG G

Greens, kale, parsley, cucumber, celery, cabbage, carrot, quinoa, avocado, seed mix, goddess dressing

FULL-TIME COBB

Greens, cabbage, tomato, celery, blue cheese, egg, bacon, croutons, parsley, chive yogurt dressing

OPEN SESAME

Spinach, brown rice, peppers, carrot, cucumber, edamame, cilantro, sesame seeds, ginger sesame dressing

WILD COWBOY

Greens, black beans, peppers, roasted corn, brown rice, cheddar, pico, cilantro, southwest dressing

SEXY HIPPIE

Greens, brown rice, quinoa, roasted root veggies, celery, beets, parsley, walnuts, apple, honey dijon dressing

KALE, CAESAR

Kale, romaine, croutons, parmesan

ADD A PROTEIN FREE OF CHARGE

herb-roasted chicken, cajun chicken, ham, bacon, chorizo, shrimp, tofu, vegan protein, egg

@myassembli

ORDER ONLINE

assembli.ca